



# Master Programme MEDITERRANEAN FORESTRY AND NATURAL RESOURCES MANAGEMENT



8th Edition during WinterSchool, by Pi Valbuena

2022



















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# **WELCOME TO MEDFOR!!**



(1st edition. By Victor Miranda)

This handbook is intended to provide you with important information regarding the Erasmus Mundus Master Course – MEDfOR! With this handbook we intend to clarify many of your doubts and concerns, and to support the development of your programme over the next two years. We hope you will enjoy and fully appreciate your stay amongst us. Work hard, learn, improve and have a lot of fun. Welcome to the Mediterranean Region, to the Sun, to the Ocean and the Sea, to the Forests and the Mountains.



(4th edition. WinterSchool)

**Disclaimer:** Every effort will be made to keep this handbook accurate and up-to-date. The Consortium, however, reserves the right to revise modules and to amend regulations and procedures at any time.

# May 2022 Copyright: MEDfOR Secretariat

All pictures in this student handbook have been provided by students and staff at the MEDfOR partner universities, by the partner university websites or else are freely available in the internet.



#### STUDENT'S OPINIONS

'After finishing the program we were richer, with information, experience, connections and even with cultures." **Hala Shahin, Syria** 

"Creativity, patience, friendship, enthusiasm, adventures, curiosity... " Ana Martín Ariza, Spain

"MEDfOR programme allowed me to stay in different places, improving my knowledge on several cultures as well as enjoying new experiences. " **Eduardo Colloma, Spain** 

"I feel as a citizen of the world!" Ester Freitas, Brazil

"I felt like getting other family miles away from home." Bikash Kharel, Nepal

"Studying in MEDfOR has become an integral part of my life" - **Sushmita Rani Saha, Bangladesh** 

"The most amazing part of my study in this programme is the possibility of exploring new countries and catching glimpses of culture, nature, habitat, and tradition there. **Babla Mohajan**, **Bangladesh** 

"Aside the rigorous and world-class education MEDfOR provides, it is known to me as a dream-weaver" - **Yusif Habib, Ghana** 

"It would be one of most lovable experience in my life ever." Anand Babu, India

"After these 2 years of MEDfOR, I feel I have gained strong friendships, academic experience, professional skills and opportunity to get to know interesting places, which will stay with me." Elvin Kohen, Turkey

Truly an adventure of a lifetime!" Julia Kachanova, Russia

"MEDFOR is one of my most precious experiences, where I could meet and learn from amazing people". **Nguyen Thanh Phuong, Vietnam** 



(7th edition. WinterSchool)



# 1. About MEDfOR

MEDfOR is a two-year Erasmus Mundus Master Course Programme focused on the integrating theme of sustainability in Mediterranean forests and woodlands. It aims to address topics that are specific to the Mediterranean forestry and that require special attention such as:

- Forest as a unique world heritage;
- ii) Forest management and conservation;
- iii) Forestry role in the welfare of the Mediterranean communities.

#### 1.1. THE MEDITERRANEAN FOREST AND FORESTRY

Mediterranean biomes are mostly present around the Mediterranean Sea but also on several regions of Australia, Africa, US and Brazil. Mediterranean ecosystems are extremely frail and unique ecosystems, classified as biodiversity hotspots. Their level of biodiversity and genetic variability is extremely high. Mediterranean forests are a unique world natural heritage in terms of biological diversity, hosting around 25.000 plant species. The Mediterranean basin holds a high degree of tree richness and endemism – 290 of its trees are indigenous species, and of those 201 are endemic!

Mediterranean human populations have always lived in closed contact with M. forests, and these ecosystems have been strongly shaped by their activities. M. forests have always provided important services to human populations such as: timber and wood productions for construction and fuel; non wood products such as plant food for human consumption, plant medicines, soap and cosmetics, dyeing and tanning, herbs and spices exudates, utensils, handicrafts, ornamentals, forage for cattle, etc.

Further, Mediterranean forest supports other important services with protective, productive and socio-economic functions such as: carbon sequestration, contribution to ecosystem richness or soil and water conservation among others.

Mediterranean forests are now **seriously threatened** by drastic and rapid climate and land use changes, which add to long-standing problems related to desertification processes and forest fires. Other problems are associated with the over-exploitation and over-grazing of forest lands. It is expected that climate changes will result in the expansion of Mediterranean-like conditions to new areas. MEDfOR wishes to address these problems and improve Mediterranean forestry and natural resources management and policy-making.

Therefore, the ultimate objective of this master is to bring together the best expertise, human resources and facilities to educate the next generation of leaders in forestry and natural resources, and public and private land management throughout the Mediterranean region. It further aims to contribute to the solution of forestry, natural resources and environmental challenges throughout the region and the world.



#### 1.2. **ERASMUS MUNDUS**

The Erasmus Mundus Programme initiated by the European Commission, is a co-operation and mobility programme in the field of higher education that aims to enhance the quality of European higher education and promote intercultural understanding.

#### 1.3. **UNIVERSITY CONSORTIUM**

MEDfOR is offered by a Consortium of top ranked Universities with complementary expertise on the field of Mediterranean forestry and natural resources management:















- University of Lisbon, Portugal
- University of Padua, Italy 0
- University of Lleida, Spain 0
- University of Valladolid, Spain 0
- University of Tuscia, Italy
- Católica Porto Business School, Portugal
- Karadeniz Technical University, Turkey

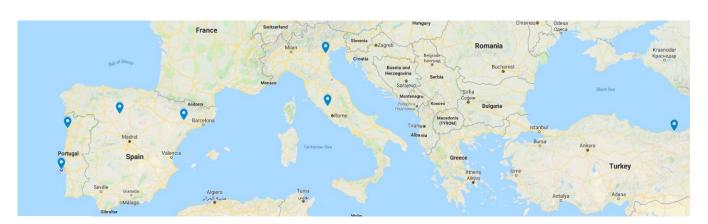


Fig.1. Distribution of the Consortium (Google Maps, 2018)



# 1.3.1. University of Lisbon, Portugal



The University of Lisbon (ULisboa) founded on July 2013 has been the result of a merging process between the former **Technical University of Lisbon (UTL) and the University of Lisbon (UL). ULisboa extends the** 

continuity of both institutions recognized scientific and cultural traditions. As a privileged space of science and knowledge, the ULisboa is today, one of the major institutions of Higher Education in Europe and one of the leading Universities in the country. ULisboa is composed of 18 Schools and Faculties. The Schools that make up ULisboa are the largest and oldest in Portugal and all have extensive and active international networks. *Universidade de Lisboa* (ULisboa) is comprised of 18 Schools that are designated as Faculty or Institute and constitute teaching and research units with their own governing bodies.



#### The School of Agriculture and Forestry (ISA)



The School of Agronomy - *Instituto Superior de Agronomia* (ISA), is the largest and most qualified school of graduate and post-graduate degrees in the field of Agricultural Sciences in Portugal, and its know-how is recognized nationally and internationally. It includes the top national

professors and researchers on key Mediterranean forestry topics. With over 160 years of experience, it has been adjusting its teaching to both the technological evolution and the reality of the country, focusing both on quality and modernization. ISA is located in the heart of Lisbon, Tapada da Ajuda – an Environmental and Botanical Park with about 100 ha, of recognized interest and amazing views.



# Links to the University:

https://www.isa.ulisboa.pt/en/http://www.ulisboa.pt/en/

http://www.isa.ulisboa.pt/en/cef/about



# 1.3.2. University of Padua, Italy



The University of Padua traces its origins back to 1222 and is one of the oldest universities in Europe. The motto "Universa Universis Patavina Libertas" - 'complete liberty for all at the University of Padua' - underlines the total freedom of thought that the university has always granted its teachers and its students. University of Padua ranked first

among leading Italian universities for the quality of its research (2004-2010 Italian Research Assessment) and within the first positions in all the recent rankings of Italian large universities (CENSIS, Sole 24 Ore and also recently by CAMPUS journal). It is also one of the most important higher education institutions in Italy with more than 62000 students and 2200 members of the teaching staff. The degree courses are organized by 8 Schools that offer more than 80 first cycle degree courses, and almost 90 second cycle and single cycle courses as well as 65 specialization schools. Moreover, the 32 research departments host different doctoral programmes. The University of Padua has an extensive and active international network. It participates in a large number of research and teaching programmes, e.g. through Erasmus Mundus, with 3 International MSc programmes and 4 International PhD programmes.

# The School of Agricultural Sciences and Veterinary Medicine





The School of Agricultural Science and Veterinary Medicine was established in 2013 after the latest Italian University reform and the former Faculty of Agricultural Sciences and the Faculty of Veterinary Medicine merged together. At present the School of Agricultural Science and Veterinary Medicine accounts for 3,500 students (undergraduate and graduate). The Campus is situated in Legnaro, a small town in the south of Padua. The name of the Campus is "AGRIPOLIS". It includes the Veterinary Medicine Hospital, the "Lucio Toniolo" experimental farm, the Regional Agency for Agriculture ("Veneto Agricoltura"), the Regional Institute for Animal Health and Disease and many agricultural and student associations.

# **Links to the University**:

http://www.agrariamedicinaveterinaria.unipd.it/en/school-0/introduction http://www.unipd.it/en/



# 1.3.3. University of Lleida, Spain



The University of Lleida (UdL) consists of seven teaching centers, among which are the Faculties, Upper Technical Schools and University Schools. Our instructional mission includes undergraduate, graduate, professional, and continuing

education. The University has a research support infrastructure network organized around scientific technical services and 44 groups classified by the Catalan Government's Directorate General of Research as consolidated, representing official recognition in different aspects of scientific excellence. These highly competitive groups receive resources both from national research finance agencies (DGICYT, CICYT, FIS) and from the European Union. The UdL is a Spanish competitive University for teaching and research in the Agronomy and Forestry areas and regarding the last is specialized in Mediterranean forestry, forest protection, forest management and NWFP. Recently, our university has been positively assessed within the framework of the European Universities Assembly (EUA).





# The School of Agrifood and Forestry Science and Engineering

The ETSEA is on the Campus of the School of Agricultural Engineering, which is the largest agrifood and forestry campus in Catalonia and one of the largest in Spain. It was created in 1972 for the Agricultural Engineering studies. Its growth and development have been constant, and currently the degrees taught and the research carried out in this faculty have been recognized for their quality in all agricultural areas: plant, forestry and animal production; food science and technology, and biotechnology. The ETSEA offers the highest quality teaching, adapted to the European Higher Education Area, taught by nationally and internationally recognized lecturers and researchers. In all, around 200 lecturers and researchers teach 16 degrees to approximately 1,500 students. The laboratories and seminars have been adapted to new technologies, allowing for theoretical lectures and practical activities in small groups, and for a continuous assessment of the teaching and learning process.

# **Links to the University**:

http://www.udl.cat/ca/en/faculties/etsea/ http://www.udl.cat/ca/en/



# 1.3.4. University of Valladolid, Spain

The University of Valladolid, founded in the 13th century, is the oldest University of Spain. 160 undergraduate degree courses are offered in the fields of Humanities, Education, Social, Health and Natural Physical Sciences and Engineering. In its classrooms the more traditional studies live side by side with newer disciplines that respond to the technological needs of the immediate future. Moreover, the UVA offers 54 master and 80 Ph.D. programmes. These study programmes are uniquely designed in intensive co-operation with enterprises and other relevant stakeholders. An average of 170 Ph.D. thesis are read annually at the UVa. Internationalization is one of the key objectives of the UVa. Therefore, the IRO of the UVa, has been organizing student and academic staff mobility since 1987 within the framework of ERASMUS and other European Programmes such as TEMPUS, ALFA, EDULINK etc. Over 2.000 students and 200 professors are sent and received to other European Universities in the framework of ERASMUS annually.

# The School of Agricultural Engineering





Escuela Técnica Superior de Ingenierías Agrarias Palencia



The ETSIIEAA is on the Campus of Palencia which is one of the largest in Spain. In Palencia all the agrarian studies are covered with special emphasis on forestry, agri-food and oenology. It was established in 1972 for the Agricultural Engineering studies and its growth and development have been strong since then. ETSIIAA concentrates high quality activities both at teaching and researching level. Classrooms, laboratories and seminars hold all the technological

equipment's needed to insure high quality teaching activities. Campus library is fully equipped and its resources, both physical and electronic, can be used freely by our students. The computer helpdesk orientates students to use all the campus computer and software facilities and help our students to connect their own devices to our network. Additionally, our faculty members have established a large field experiment and monitoring network in forest across the region including three marteloscopes. To use all the information and database in our Campus, research groups have developed software (apps, cloud computing systems,...) that can be used by students. Students learning is the main goal of our center so a continuous assessment is conducted in order to improve the teaching and learning process.

#### **Links to the University:**

http://relint.uva.es/inicio/internacional/english/international-welcome-point-en/

http://www5.uva.es/etsiiaa/

#### Other useful links:

https://twitter.com/youngforesters

ETSIIAA video: https://youtu.be/3YR9QBLdVUk



# 1.3.5. Católica Porto Business School, Portugal



Católica Porto Business School (CPBS), formerly Faculty of Economics and Management, is based at UCP Porto Regional Centre Foz campus. CPBS has been active in Forest Policy and Economics since 1997, through participation in projects coordinated by the European Forest Institute and its two Southern Europe branches (MEDFOREX/EFIMED and IEFC/EFI Atlantic) and



in COST Actions (E19, E30, E45 and E51), and also in the FP7 INTEGRAL and H2020 ALTERFOR projects.

# Links to the University:

http://www.catolicabs.porto.ucp.pt/en/catolicabs-porto-en

# 1.3.6. University of Tuscia, Italy





Founded in 1980, the University of Tuscia is a small and vibrant academic community characterized by a strong link between education and high quality research standards. The University academic structure is based on six Departments, teaching and research units offering a total of 33 degrees' programmes, in the subjects of Forestry, Agriculture, Biology, Cultural Heritage Conservation, Economics, Engineering and Humanities. The University totally employs 300

people as teaching staff with a number of students enrolled of about 6.800. The University of Tuscia holds a leading position for the quality of its research in the field of Agricultural, Forestry and Veterinary Sciences. The University of Tuscia joins the MEDfOR master programme through the Department for Innovation in Biological, Agro-Food and Forest Systems (DIBAF). DIBAF carries out multidisciplinary research in several fields of forestry, agro-environmental management and biotechnology, ranking fourth for the quality of its research among about 70 Agricultural and Forest sciences Universities in Italy. Focal areas of expertise in forestry research at DIBAF are remote sensing and modelling in forestry, with a focus on monitoring carbon fluxes by the eddy covariance technique, forest inventory and geomatics applications to sustainable forest management monitoring, forest ecophysiology, forest biotechnology, forest tree cropping. In the field of forestry, DIBAF offers 4 MSc programmes in English, including 2 International curricula i.e. MEDfOR and the double degree on Management and design of Urban Green Infrastructures (UGI, in agreement with Peoples' Friendship University of Russia, Moscow).

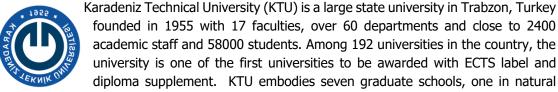
#### **Links to the University:**

http://www.unitus.it/

http://www.unitus.it/it/dipartimento/dibaf



# 1.3.7. Karadeniz Technical University, Turkey



and applied sciences with around 2500 students. The university has a long history on international relations in research and education, particularly with the Socrates-Erasmus programme.

The main campus is situated in Trabzon, historically and socio-culturally the most important center of Eastern Black Sea Region with a history of approximately 5000 years. Established in 1971, The Faculty of Forestry is the leading institution in forestry education and research in Turkey, focusing primarily on multiuse forest management planning and decision support systems (DSS), biodiversity conservation, geographic information system (GIS), and has a high profile in applied fire management particularly in the Mediterranean region. The faculty has a strong collaboration with the General Directorate of Forestry (OGM), the solo owner of Turkish forests. The faculty has coordinated a number of large-scale projects with EU frameworks programmes – such as ALTERFOR, STARTREE, AGORA and a few COST projects.





#### **Links to the University:**

http://www.ktu.edu.tr/en



# 2. The Master Programme

## 2.1. The course structure

The MEDfOR programme offers a MSc degree that is fully recognized in all the participating countries. It requires the completion of studies encompassing **120 credits (ECTS)** over a period of *two years* in the MEDfOR Consortium universities. This corresponds to 3 semesters of coursework plus a Winter School and 1 semester to develop the Master dissertation. The official language of MEDfOR is English. The MEDfOR Master design complies with the Bologna qualification standards (2nd Cycle).

Year 1							
1 <sup>st</sup> Semester		2 <sup>nd</sup> Semester					
	18 or 24 ECTs	6 ECTs	9 ECTs	18 or 24 ECTs	3 ECTs		
	(I)	(II)	(III)	(I)	(II)		
	Coursework at the UL			Coursework at the UL	E-learning class by the UP		
Design and mobility	Coursework at the UdL	E-learning class by the UVa	Joint Winter Module in UVa	Coursework at the UdL			
,	Coursework at the UP			Coursework at the UP			

Year 2					
Summer break	3 <sup>rd</sup> Semester				
0 ECTs	30 ECTs (IV)				
	Specialization coursework <sup>1,3</sup> at the:				
	Multiple criteria decision support systems for Mediterranean forest management planning in ULisboa				
Optional	Social and Environmental responsibility in Mediterranean forestry in U Padua	Thesis			
Internship	Addressing risks in Mediterranean forest management planning - the case of fire in U Lleida				
with consultati on panel	Adaptive forestry strategies to provide goods and services while coping with global change challenge in U Valladolid	work <sup>2,3</sup> and Summer Event			
	Advanced tools for sustainable management of Mediterranean forests in U Tuscia				
	Ecosystem based multi-use forest management planning in Mediterranean forests in U Karadeniz				
	Mediterranean Sustainable Forest Management - An Institutional Economics Approach in U Catholic Porto				

**Course structure**. MEDfOR teaching approach and mobility component. (I) 42 credits (ECTS) Graduate-level subprogrammes; (II) 6 credits (ECTS) E-learning transversal courses; (III) 9 credits (ECTS) Winter School; (IV) 30 credits (ECTS) Specialization sub-programmes; (V) Dissertation. UL –University of Lisbon, UdL – University of Lleida, UP – University of Padua, UT – University of Tuscia, UVa –University of Valladolid, KTU – Karadeniz Technical University, UCP – Portuguese Catholic University. ( ¹in cooperation with other Partner or Associate institution; ²may be conducted in any of the institutions that are members of the MEDfOR consortium; ³Either the specialization coursework or the thesis work will have to be conducted in a country other than the one where the student completed the 42 credits (ECTS) graduate-level subprogramme in the 1st year. The thesis may be prepared in the framework of an internship supported by an associated partner or by a stakeholder.



# **2.1.1.** Mobility

You will have to, **obligatory**, spend your first year of studies in one of the three Universities: **University of Lleida, Padua or Lisbon**. In the second year you may move to any other university of the consortium according to your specialization. For some 1<sup>st</sup> year universities, it is possible to stay in the same university and do the specialization there. Exceptions for University of Lisbon, and in case you wish to go to University of Tuscia but studied in the University of Padua during the 1<sup>st</sup> year. **Notice that in order to obtain the title of Erasmus Mundus you should study at least in two countries different from the one where you took your previous degree**. If your specialization is in a country different from your first year university, you may stay in your second university during the entire second year, or move to another University in the second semester – including going back to your first year university.

#### 2.1.2. 1st Year

The first year is spent at the University of Lleida, Padua or Lisbon where you will acquire knowledge in the full range of disciplines essential to the use and management of Mediterranean forests. These courses have a solid anchor on the scientific areas of (i) earth sciences (ES), (ii) biology and ecology (BE), (iii) mathematics (M), (iv) forest engineering (FE) and (v) social and management sciences (SMS). Thus you will be able to acquire a broad knowledge on a set of disciplines that are essential for the field of forestry and natural resources management, preparing you for the more advanced specializations. Mostly, you will have classes with national students.



Field trip, Lleida. By Jannatul Fardusi.  $2^{\text{nd}}$  edition.



Lisbon. By Susmita Rani. 5th edition.



# 2.1.3. Introductory Course: Introduction to Mediterranean Forestry and Natural Resources

This is a blended course based on the University of Valladolid. It has a strong e-learning component, with 60 hour of personal work (readings, video watching, exercises, ...) and online interaction, plus 15 hours of face-to-face interaction in Palencia (during the time of the Winter School). The course is divided in several topics:

- 1. Mediterranean Forest Systems: historical and environmental framework.
- 2. Silviculture of Mediterranean tree species.
- 3. Forest landowners and other stakeholders: objectives, goals and constraints
- 4. Ecosystem services
- 5. Forest diagnosis
- 6. Forest measurements and forestry related data
- 7. Common forestry practices
- 8. Forest and Natural Resources: economic and social perspectives
- 9. Forest disturbances and risks
- 10. Careers and forestry organizations

Students who successfully complete this course will be able to:

- Understand the main drivers of forestry and natural resource management in the Mediterranean
- Be ready to go in depth on advance topics in Mediterranean forestry and natural resource management in further courses

# 2.1.4. Research and Project development methodology: applications

The aim of this course is to give students guidelines in the process of developing their MSc thesis work, from the ideation to the initial phases of activities planning.

The course is made of 3 online e-modules and each e-module is made of a number of e-lessons ranging from minimum 2 to maximum 3.

At the end of the e-course, students are expected to acquire the following skills and competences: (i) theoretical and practical knowledge on how to deal with the steps along a research development process that can help them in developing their own thesis; (ii) practical knowledge and familiarity on the use of international scientific publications databases; (iii) skills on how to identify a possible thesis topic, how to structure and drafting a literature review; (iv) capacity to write a short research synopsis as the basis for their own MSc thesis, and capacity to structure a MSc thesis index; (v) awareness of the risks connected with plagiarism and knowledge of ethical codes of doing research and publishing.



#### 2.1.5. Winter School

MEDfOR provides a 9 ECTS Winter School, during January on the first semester of studies. The Winter School promotes students and scholars' mobility, fosters an integrative view of Mediterranean forestry, promotes multidisciplinary exchange between all participants and facilitates the communication between scholars and students. The underlying theme of the Winter School organized by the UV is "Mediterranean Forestry: the asymmetric impact of Global Change on Mediterranean Forests". It will integrate two seminars: i) Mediterranean Model Forest concept by using as example the Urbión Model Forest (http://www.urbion.es and http://www.imfn.net) and ii) Forest biological threats (pest and invasive species) and climate change – that includes fieldwork. It will further encompass the Annual Young Researchers Meeting. Keynote speakers will include the professors participating in the specializations proposed for the 2nd year and members of the MEDfOR consultation panel.

During the WinterSchool, the different academic representatives of each university of the consortium, present the MEDfOR specializations offered by each University.









(Annual Researchers meeting, 2<sup>nd</sup> edition)

"Travel and fun. Young Forester meeting rocks." - Faqrul Islam, Bangladesh

"Most thrilling and exciting Part of Medfor is Winter school at University of Valladolid, Palencia. Life was on a roller coaster. Almost 12-13 hours of field study, young researchers meeting, and overwhelming response of teachers have no match. Both universities (Padua and Valladolid) gave me my best field and academic experience until now." - **Sidra Khan, Pakistan** 



# 2.1.6. 2<sup>nd</sup> Year: Specialization

In the second year you will do your specialization, where you will acquire cutting edge knowledge in a specialized field provided by one of the consortium universities:



3<sup>rd</sup> edition. Field trip, Padova. By Bishwajit Roy

# 1) U Lisbon: Multiple criteria decision support systems for Mediterranean forest management planning

This specialization provides students with advanced knowledge on domains that are key to address current Mediterranean forestry challenges. For that purpose, it integrates multidisciplinary knowledge on forest models (both empirical and process-based), on forest management planning models (both operations research and multiple attribute techniques) and on methods to assess and manage wildfire risk (ranging from prevention to restoration). Technological platforms (e.g. decision support systems) to facilitate this integrative approach to Mediterranean forestry are further addressed. This specialization is problem-driven and it is supported by the analysis of case studies. Students will better understand how information from their area of expertise can be used to support Mediterranean forest management planning. Students will explore models and tools for advanced decision support according to their own area of interest or expertise. Students will further acquire competences for conducting and communicating research in this field.

#### 2) U Padua: Social and Environmental responsibility in Mediterranean forestry

In this specialization you will have courses such as Social Responsibility in Forestry by Public and Private Organizations, where you will acquire essential skills in relation to issues of applied ethics in forestry: illegality, corruption, transparency, stakeholders' involvement, social and environmental communication; Valuation and Assessment of Forest and Environmental Goods and Services where you will acquire methodologies and survey tools in order to estimate economic value of environmental resources within forests; Societal marketing: forest certification and other tools where you will acquire the fundamentals principals of societal marketing with special focus on standards and certification initiatives (forest certification); Forest policy and governance: managing conflicts where you will understand the key governance issues in forestry as well as identifying, preventing and managing conflicts.



# 3) U Lleida: Addressing risks in Mediterranean forest management planning - the case of fire

Forest fires are probably the major risk of the Mediterranean forests. A specific coursework is designed to give the learner an in-depth understanding of fire ecology and management (in different wildland systems). Our seminars and discussions about fire management will address issues including fuels management, fire management policy, restoration, and climate change. Sound wildland fire management depends on the understanding of the ecological, social and economic and other factors. We will focus on ecological effects of fires on plants, animals, soil, water and wildlife habitat. We will highlight fire as an ecological process in wildland ecosystems, how to typify and forecast fire effects over time and space. There are diverse fire management options which include fire suppression, fuels management and education, wildland fire use, prescribed fire, and post-fire rehabilitation. A long field trip will be held, which will help in this educational process and field assignments will help students' mature concepts and solutions.

# 4) U Valladolid: Adaptive forestry strategies to provide goods and services while coping with global change challenge

Forests are facing new global demands and stresses that require new forestry strategies. Foresters need new foundation/concepts which will allow them to develop forestry strategies to provide goods and services while ecosystems structure and functions are maintained and enhanced. Thus this specialization provides advanced methods and concepts which allow students to address and develop new forestry strategies. The specialization compiles multidisciplinary knowledge on Geo-statistical analyses applied to land management, concepts and practices focused on Mediterranean forests, Forest Entomology and Forest Pathology applied to management, conservation and use of Genetic Resources in forest species and the study of new tools for new challenges. The specialization covers four courses and a seminar by using practical examples and study cases approach. These courses and the seminar will be conducted by professors and researchers from University of Valladolid and CIFOR-INIA integrated in the Joint Institute on Sustainable Forest Management (UVa-INIA).

# 5) U Tuscia: Advanced tools for sustainable management of Mediterranean forests

This specialization provides advanced scientific tools that are relevant for a modern sustainable management of Mediterranean forests. Main objectives are: i) to understand and gain familiarity with fundamental issues in forest inventory and geomatics, forest ecophysiology, forest biotechnology, forest tree cropping, forest and environmental governance strategies; ii) to integrate them in a forest management perspective for the mitigation and adaptation of Mediterranean forests to environmental changes.

# 6) Karadeniz Technical University: Ecosystem based multi-use forest management planning in Mediterranean forests

The subprogram intends to provide students with knowledge on modeling and management of forest ecosystems in the Mediterranean region. There are four major components of the program; multi-use forest management planning with modeling approach, the use of Geographic information systems (GIS), biodiversity conservation and forest fire management. Multiple values such as biodiversity conservation, water production, carbon sequestration and timber and non-timber forest products are characterized and integrated into forest management planning. Decision making techniques (operations research) are used in developing forest management decision support systems as tools to test and better understand forest dynamics under various



management scenarios. Both remote sensing and geographic information systems provide technological power to create spatial forest database with thematic maps and attributes, and allow students to conduct various spatial analysis to capitalize on the development of an on-the-ground forest management plans. Basic and applied knowledge about biodiversity conservation focusing on both plant biodiversity and wildlife management provides excellent biological foundation and understanding of forest ecosystems for sustainable management of forest resources. Forest fire management including fires risks, fire ecology and fuel modeling and it is an integral part of the specialization sub-program.

# 7) Católica Porto Business School: Mediterranean Sustainable Forest Management - An Institutional Economics Approach

Managing forests is not to manage trees, forest stands, or forest landscapes but to manage people who own, value and use those trees, forest stands, or forest landscapes to sustain their livelihoods. Some major features of Mediterranean forests make institutional factors very relevant in their sustainability:

- Positive externalities are a major part of their output and some of their main threats, such as fires are negative externalities, whose internalization needs appropriate institutional mechanisms;
- in many places there are land use conflicts (agricultural/forest uses, urban/forest uses) which call for regulation through appropriate institutions;
- being multifunctional systems, there is a need for institutional mechanisms where all the relevant stakeholders can cooperate to promote the different functions of forests;
- to many persons and communities in the Mediterranean world forests have other values besides use and exchange values which are part of their collective identity embodied in local institutions;
- finally, the institutional settings in which forests are owned and managed varies a lot around the Mediterranean world and this diversity has to be taken into account for a successful implementation of public policies and management guidelines aiming at sustainable forest management.
- This specialization is designed to train students in learning the economic concepts appropriate to analyze situations where collective actions need to cope with social conflict and it is necessary to promote sustainable development; and how to apply these concepts to Mediterranean forests.

#### 2.1.7. Internships



Internships proposals are developed every year and jointly by the partner universities and members of the consultation panel (see point 4.4.2.). They may take place either during the Summer break in-between academic years or during the 4<sup>th</sup> semester to support the development of the dissertation. You are encouraged to engage with visiting scholars and to explore internship opportunities of your own interest. The MEDfOR secretariat also contacts partners and members of the

consultation panel to facilitate the development of proposals, compile them and send it to the students. If you are accepted for an internship you need to submit a letter of acceptance from the institution, describing the work you are going to develop. Internships are great opportunities to create contacts and get a glimpse of the work world. We strongly encourage students to do it.



#### 2.1.8. Master Thesis



Houda Ben Salah, 3<sup>rd</sup> edition - Thesis defense. Padova.

During the 4<sup>th</sup> semester of the master programme, you will develop a 30 ECTS thesis work. You are encouraged to develop an important fieldwork component taking advantage of on-going projects being carried out by members of the MEDfOR consortium or do an internship provided by stakeholders. All Associate Partners as well as relevant stakeholders may serve as hosts for the 30 ECTS thesis work. Several master thesis proposals will be sent by e-mail to the students at the appropriate time. Further, you may search for topics of your own interest and host institutions willing to receive you. In fact, that is highly encouraged.

**Notice**: If you want to develop the master thesis in your home country, or in case you belong to a Partner country in another Partner country; you need to take into consideration that you are only allowed to receive your scholarship during 3 months (European Commission Policy).

#### 2.1.9. Summer Event

In the end of the 2<sup>nd</sup> year, all students are invited to attend the Summer Event, in which students present the work they developed during their thesis to the colleagues and professors. It is also a Farewell event. This is organized by the University of Tusica, and the event takes place in the Italian Alps in a small town called Pieve Tesino. The event is not compulsory – although it is supported by the consortium. We consider it as a great opportunity to the students.







# 2.2. Diploma

In the end of the master you will obtain a Double Degree if you studied in two different universities and a Multiple Degree if you studied in 3 different universities.

The official names of the national master degrees awarded are:

- MEDfOR Mediterranean Forestry and Natural Resources Management UL and UCP
- Forest Science (UP)
- Scienze Forestali e Ambientali (UT)
- Gestión forestal y de recursos naturales en el mediterraneo (UV and UL)
- Orman Mühendisligi -Yüksek Lisans (KTU)

So, for example: if you decide to spend the first year in the U of Lisbon and the second year in the U of Tuscia, you will receive a double degree and possess a diploma from U Lisbon and one from U Tuscia. You will also have the title MEDfOR – Mediterranean Forestry and Natural Resourses Management and the title Scienze Forestali e Ambientali. Notice, that each diploma is released by each University, which binds to its own rules. In some universities, the release of the diplomas can take more than a year whilst for others the process is very fast. However, when you request for the diploma, you will also receive a final certificate, with the list of courses and final grades released by the faculties which is usually a very quick process. In the certificate you will have the total list of courses converted to the grade scale on each country.

In addition to the diploma released by the different universities, all MEDfOR students receive a certificate issued by MEDfOR, explaining their career path.

#### 2.3. Conversion Grade Table

Each country has a different grade system, so, when you receive the final transcript from one University, it will have the converted grades from the others universities you have attended.

For instance – if you spend the first year in Lisbon and the second in Padua you will have a final certificate released from U Padua with the list of courses from U Lisbon and U Padua in the Italian system. You will also have final certificate released from U Lisbon with the list of courses from U Padua and U Lisbon in the Portuguese system. The table is found below.



Spain		Italy	Portugal	Turkey*			
2809			<b>(B)</b>	C*			
5-10 grading	66-110 grading	18-30 grading	18-30 grading approved		0-4-grading	% grading	
5,0	66-69 18		sufficient	10	1	50	
5,1	70-72	19	sufficient	10	1	51	
5,2	70-72	19	sufficient	10	1	52	
5,3	73-76	20	sufficient	11	1	53	
5,4	77-80	21	sufficient	11	1	54	
5,5	77-80	21	sufficient	11	1	55	
5,6	77-80	21	sufficient	11	1	56	
5,7	77-80	21	sufficient	11	1	57	
5,7	77-80	21	sufficient	11	1	58	
5,7	77-80	21	sufficient	11	1	59	
5,8	81-83	22	good	12	1,5	60	
5,9	81-83	22	good	12	1,5	61	
6,0	81-83	22	good	12	1,5	62	
6,1	81-83	22	good	12	1,5	63	
6,2	81-83	22	good	12	1,5	64	
6,3	84-87	23	good	13	1,5	65	
6,4	84-87	23	good	13	1,5	66	
6,5	84-87	23	good	13	1,5	67	
	84-87	·····		13		~~~~~	
6,6		23	good		1,5	68	
6,7	84-87	23	good	13	1,5	69	
6,8	88-91	24	good	14	2	70	
6,9	88-91	24	good	14	2	71	
7,0	88-91	24	good	14	2	72	
7,1	88-91	24	good	14	2	73	
7,2	88-91	24	good	14	2	74	
7,3	92-94	25	very good	15	2,5	75	
7,4	92-94	25	very good	15	2,5	76	
7,5	92-94	25	very good	15	2,5	77	
7,6	92-94	25	very good	15	2,5	78	
7,7	92-94	25	very good 15		2,5	79	
7,8	95-98	26	very good	16	3	80	
7,9	95-98	26	very good	16	3	81	
8,0	95-98	26	very good	16	3	82	
8,1	95-98	26	very good	16	3	83	
8,2	95-98	26	very good	16	3	84	
8,3	99-102	27	very good	17	3,5	85	
8,4	99-102	27	very good	17	3,5	86	
8,5	99-102	27	very good	17	3,5	87	
8,6	99-102	27	very good	17	3,5	88	
8,7	99-102	27	very good	17	3,5	89	
8,8	103-105	28	excellent	18	4	90	
8,9			excellent	18	4	91	
9,0 103-105 28		excellent	18	4	92		
9,1			excellent	18	4	93	
9,2			excellent	18	4	94	
9,3 106-109 29		excellent	19	4	95		
9,4	i de la companya del companya de la companya de la companya del companya de la co		excellent	19	4	96	
9,5	106-109	29	excellent	19	4	97	
9,6	106-109	29	excellent	19	4	98	
9,7			excellent	19	4	99	
		excellent	20	4	100		
9,9	110	30	excellent	20	4	100	
10,0	110	30	excellent	20 4		100	
10,0	110	50	eveguent	1 20	-	100	



#### 2.4. Evaluations

The MEDfOR programme encompasses 3 semesters of coursework and one semester to develop the dissertation. Students attend classes during the first 3 semesters, where they take written and oral exams, prepare assignments, reports and oral presentations. The whole master is taught in English. In the last semester students develop their master thesis, which implies the preparation of a research project, involving data extraction, data analysis and redaction of the manuscript.

Each University has its own calendar for thesis delivery and thesis defense.

# 2.5. Field trips

MEDFOR will provide you with a lot of field trips, during the first and second year; so that you may get truly acquainted with Mediterranean forests. Please buy yourself some strong boots!!!



(Maruf Bilah, 4th ed, Field trip in Portugal)



(Freitas, 4th edition Field trip in Lleida)



(Muha Pavel, 4<sup>th</sup> ed - Field trip in the Alps -Padua)



(3<sup>rd</sup> edition - Field trip during WinterSchool)



(Farah Tell, 4<sup>th</sup> ed - Field trip during Winter School)



(S Sahi, 5th ed - Field trip in Arrábida, Portugal )



#### 2.6. Scholars

You will have scholars of each university teaching the different courses. Besides, you will also have scholars coming from other universities and countries, such as USA, Australia, Brazil to teach specific modules and classes within the different courses.

#### **2.7.** Tutor

You will be assigned a tutor/ academic advisor at each university were you arrive - that will guide and assist you in all academic matters.

#### 2.8. Regulations

All MEDfOR students should comply with the **Students' Agreement**. The MEDfOR Student's Agreement defines joint course implementation rules and mechanisms, as well as mutual rights, obligations, and responsibilities of students and consortium partners in the MEDfOR Master Course for what concerns (1) academic, (2) administrative and (3) financial aspects of the student's participation in the joint programme. The Students' Agreement includes the full list of student's rights and duties. The agreement shall enter into force on the date when the last of the two parties signs it.

A copy of the agreement should be given to each student when he/she starts the master programme.

# 3. Characteristics of the European Education System

The European Higher Education in Europe used to present several diverse national systems. Now it has a common system, called the Bologna Process; which has established the following cycle of studies: Bachelor-Master-Doctor system. The Bachelor Degree lasts 3 years and corresponds to 180 - 240 ECTS, the Master degree is 1-2 years and corresponds to 90 - 120 ECTs. In the second cycle the 120 ECTS model is the most widespread.

ECTS are the European Credit Transfer System, and they are the generalized basis for all the national credit systems in the European Higher Education Area. They are intended to facilitate student mobility and international curriculum development. The ECTS system makes it easy to read and compare programs across Europe. It facilitates mobility and academic recognition and helps universities organize and design their own programs.



# 4. Organisation of the MEDfOR Consortium

#### 4.1. The MEDFOR Commission

The Commission is the supreme administrative and executive body of the Consortium. It is headed by the Consortium Coordinator and consists of (i) one representative of each of the other six consortium partner institutions, selected by and amongst their core teaching MEDfOR staff, and (ii) two elected non-voting student representative.

#### 4.2. MEDfOR coordinator

The Coordinator is chairman of the Commission and representative of the member institution in Lisbon. The Coordinator is the European Commission's contact point and contract partner, speaks and reports for the Consortium.

#### 4.3. MEDFOR co-coordinator and secretariat

The Secretariat and co-coordinator is the central executive body of the MEDfOR Course. She is the daily administrator of the MEDfOR Course, in close collaboration with the other institutions' members' representatives in the Commission and under the supervision of the Coordinator. It is also the direct contact for students. She is the responsible for the financial management of scholarships. Further, each university has a local secretariat that helps students enrolled in that University.

#### 4.4. Consultation Panel

The consultation panel is coordinated by the Mediterranean Regional Office of the European Forest Institute (EFIMED). It allows to enhance and strengthen the interaction of MEDfOR with stakeholders and the Mediterranean forest community.

#### 4.4.1. Associated partners

MEDfOR is supported by a large group of **associated partners**. Those are a strong network of institutions (ONGS, universities, associations, stakeholders, companies, etc.) specialized in the different fields of forestry, coming from several different regions. One of their rules is to consider for its offices in the Mediterranean region internships of advanced MEDfOR Master Students. Students are encouraged to contact the stakeholders for internships, which run from July to September, between the 1<sup>st</sup> and 2<sup>nd</sup> year.

# **Associated Partners:**

- AUT Agricultural University of Tirana (Albania)
- o BTU Faculty of Forestry, Bursa Technical University (Turkey)
- Cesefor Centro de Servicios y Promoción Forestal y de su Industria de Castilla y León (Spain)
- o CIHEAM Mediterranean Agronomic Institute of Chania (Greece)
- o CSIRO Commonwealth scientific and industrial research organisation, Australia
- CTFC Forest Technology Center of Catalonia (Spain)



- o ECM Environmental Engineering (Spain)
- o EEFRI Ethiopian Environment and Forest Research Institute (Ethiopia)
- o EFI Mediterranean Regional Office EFIMED (Finland)
- ENFI École Nationale Forestière d'Ingénieurs (Morocco)
- ETIFOR Valuing Nature (Italy)
- o EURAF European Agroforestry Federation
- o FBS Forest Bioengineering Solutions (Spain)
- INRA-URFM Institut National de la Recherche Agronomique Unité de Recherche Ecologie des Forêts Méditerranéennes (France)
- INRGREF Institut National de Recherche en Génie Rural, Eaux et Forets (Tunisia)
- o ISCI Complex Engineering Systems Institute (Chile)
- o KKL-JNF Keren Kayemeth LeIsrael, Jewish National Fund (Israel)
- PennState Department of Ecosystem Science and Management of Pennsylvania State University (USA)
- SFI Slovenian Forestry Institute (Slovenia)
- Stellenbosch University, Faculty of AgriSciences, Department of Forest and Wood Science (South Africa)
- TERRASYSTEM (Italy)
- Université TÉLUQ (Canada)
- University Mustapha Stambouli of Mascara (Algeria)
- University of Canterbury, School of Forestry (New Zealand)
- University of Gondar (Ethiopia)
- o University of Washington, School of Environmental and Forest Sciences (USA)
- o USDA Forest Service Pacific Northwest Research Station (USA)
- o USP Luiz de Queiroz College of Agriculture from University of São Paulo (Brazil)
- Vietnam National University of Forestry (Vietnam)

More information here: https://www.medfor.eu/content/consultation-panel-associated-partners

## 4.4.2. Consultation Panel

Some of the associated partners are key stakeholders of the **consultation panel**. They have participated in the definition of MEDfOR contents according to their perception of professional needs as well as in the promotion of the MEDfOR programme.

#### **Key Stakeholders:**

- Food and Agriculture Organization (FAO)
- o World Wildlife Fund Mediterranean Office (WWF-Mediterranean)
- o International Association of Mediterranean Forests (AIFM)
- Mediterranean Model Forest Network (MMFN)
- Portuguese Forestry Association (Forestis)

More information here: https://www.medfor.eu/stakeholders

#### **MEDfOR Network:**

There are also several other of Institutions representing several segments of the Mediterranean forest and natural resources chain that acknowledge the added value of the program.

The full list can be found here: <a href="https://www.medfor.eu/content/medfor-network">https://www.medfor.eu/content/medfor-network</a>



## 4.5. CONTACTS:

#### 4.5.1. Alumni and Students

#### **Programme Representative**

The Programme representative was elected by the Consortium and represents the Programme and the students.

Julia Ramsauer. julia.ramsauer91@qmail.com

#### **Students' Representatives:**

The students' representatives are elected by the students, during the 1<sup>st</sup> year of studies during the WinterSchool.

Ani Ahmetaj. aniahmetaj@outlook.com

Solveigh Koekkoek. solveighkoekkoek@hotmail.com

They are also the contacts of the Erasmus Mundus Association (EMA).

# 4.5.2. University of Lisbon

#### Coordinator

Prof. José Calvão Borges. joseborges@isa.ulisboa.pt

#### **Co-coordinator and Secretariat**

Vanessa Borges. medfor@isa.ulisboa.pt

# **Course Committee**

Prof. Pedro Ochôa. pedroochoa@isa.ulisboa.pt

# **Postal Address**

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# 4.5.3. University of Padua

#### **Local Coordinator**

Prof. Davide Pettenella. davide.pettenella@unipd.it

Prof. Paola Gatto. paola.gatto@unipd.it



# **Student Services**

Susanne Kloehn. <u>erasmus.agripolis@unipd.it</u> Elisa Zambon. <u>elisa.zambon@unipd.it</u>

#### **Postal Address**

University of Padua Department of Land, Environment, Agriculture and Forestry Viale dell'Universitá 16, 35020 Legnaro (PD), Italy

# 4.5.4. University of Lleida

#### **Local Coordinator**

Prof. Sergio de Miguel Magaña. <a href="magaga:sergio.demiguel@pvcf.udl.cat">sergio.demiguel@pvcf.udl.cat</a>

# **Administrative, Financial Issues and Student Services**

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Joan Carles Mercader and Paula Obregón. incoming@int.udl.cat

#### **Postal Address**

University of Lleida Plaza Victor Siurana, 1 25003 Lleida, Cataluña, Spain

# 4.5.5. University of Valladolid

# **Local Coordinator**

Prof. Felipe Bravo. fbravo@pvs.uva.es

# **Student Services**

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Juan Trevino. juan.trevino@uva.es

# **Postal Address**

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# 4.5.6. Karadeniz Technical University

# **Local Coordinator**

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# **International Incoming Students Office**

Çiğdem Hüsem. <u>cigdemhusem@ktu.edu.tr</u>

# **Administrative Issues**

Halil İbrahim Okumuş. okumus@ktu.edu.tr

#### **Postal Address**

Karadeniz Teknik Üniversitesi Kanuni Kampüsü 61080 TRABZON/TURKEY

# 4.5.7. Portuguese Catholic University

# **Local Coordinator**

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# **Financial Issues**

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# **Administrative Issues and Student Services**

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Magda Ferro. <u>mferro@porto.ucp.pt</u>

Marta Sofia Campos. mscampos@ucp.pt

#### **Postal Address**

Portuguese Catholic University Central Region of Oporto (Polo da Foz) Rua Diogo Botelho, 1327 4169 - 005 Porto, Portugal



# 4.5.8. University of Tuscia

# **Local Coordinator**

Paolo De Angelis. pda@unitus.it

# **Financial and Administrative Issues**

Alessandra Mancini. a.mancini@unitus.it

# **Administrative Issues**

Carlo Contardo. carlocontardo@unitus.it

# **Student Services**

Vanessa Torri. international@unitus.it

#### **Postal Address**

University of Tuscia Via Santa Maria in Gradi, 4 0110 Viterbo, Lazio, Italy

# **International Emergency Numbers**112

Same in Portugal, Spain, Italy and Turkey–112.

It is free and you can call from every telephone.



# 5. Economic Issues

# 5.1. Scholarships and self-financed students

# **5.1.1.** Erasmus Mundus Partner Country Scholarship

These scholarships are awarded to students from all countries other than the 27 EU member states, North Macedonia, Iceland, Liechtenstein, Norway, Turkey and Serbia.

As a Partner Country recipients you will receive:

- 9,000 € per year for contribution to participation costs; matriculation at two or three host universities, EMMC administrative costs, access to all facilities and insurance;
- A maximum of 24,000 €, monthly allowances of 1,000 € each, paid monthly for the period of your studies.

# **5.1.2.** Erasmus Mundus Programme Country Scholarship

These scholarships are awarded to students from the 27 EU Member States, North Macedonia, Iceland, Liechtenstein, Norway, Turkey and Serbia; and for those students who spent more than 12 months in Europe in the last 5 years.

As a Programme Country scholarship recipient you receive:

- 4,500 € per year as a contribution to participation costs; registration at two or three host universities, EMMC administrative costs, access to all facilities, insurance.
- A maximum of 24,000 €, monthly allowances of 1,000 € each, paid monthly for the period of your studies.

#### 5.1.3. Travel Costs

According to your area of residence, travel costs may be:

- 1,000 € per year for travel costs, installation and other type of costs if coming from Europe or from North Macedonia, Iceland, Liechtenstein, Norway, Turkey and Serbia.
- 3,000 € per year for travel costs + 1 000 for installation and other type of costs if living more than 4000 km from the coordinator University.
- 2,000 € per year for travel costs + 1 000 for installation and other type of costs if living
   less than 4000 km from the coordinator University.



## For both Partner and Programme country categories please note:

- 1. You must spend your study period in at least two of the consortium partner countries.
- 2. The mandatory mobility periods cannot be replaced by virtual mobility\*, neither can they take place in institutions outside the consortium;
- Scholarship holders spending part of the master programme in their country of
  residence are not entitled to benefit from the monthly subsistence allowance for this
  period. For example, if you are Italian, you cannot receive the scholarship while studying
  at University of Padua.
- 4. Students who have already obtained an EMJMD scholarship or are former Erasmus Mundus Master/Doctoral scholarship holders are not eligible for an additional scholarship under the EMJMD action. Students benefiting from an EMJMD scholarship cannot benefit from another EU grant while pursuing their EMJMD studies.
- 5. The Erasmus Mundus scholarship is managed by the Consortium.

#### **5.1.4.** Self-financed students

If you are a self-financed student, you will have to cover the MEDfOR participation costs yourself. In this case, to get the Erasmus Mundus label you should also comply with the rules above. The Erasmus Mundus consortium will provide you with an international insurance.

# **5.2.** How to get to Europe:

# **5.2.1.** 1<sup>st</sup> year

First and most important, you will need to get a Student VISA to come and study in Europe.

Any type of VISA can be requested at any Embassy or Consulate of the country you are going to, in one's home country. As an Erasmus Mundus student you should apply for a Student VISA. This should be done well in advance since the VISA takes a long time to be released.

If you are part of the Schengen Area you don't need a VISA to enter Portugal, Spain or Italy. <a href="http://www.schengenvisainfo.com/">http://www.schengenvisainfo.com/</a>. However, if are going to stay in the Technical University of Karadeniz, Turkey, you will need a VISA.

A lot of information is available in the MEDfOR website: <a href="www.medfor.eu">www.medfor.eu</a>. Your first year institution will provide advice on the VISA process through their International Relations Offices.

Once in Europe you will need to apply for a residence permit to stay and study in that country for a year. <u>Application for a residence permit must be made within the first 3 months of residency</u>.

<sup>\*</sup> except in case of force majeure, like the Pandemic of covid-19.



# 5.2.2. 2<sup>nd</sup> Year

For the second year of studies you will need to apply for the VISA while still in your first year country. While finishing your  $1^{st}$  year you will receive the invitation letter from the University that you will attend next year. With that letter you may apply for the VISA in the Embassy of your  $2^{nd}$  year country. Once there you will need to apply for a residence permit as well, as you have done during the first year.

The same procedure is necessary if you change university during your 2<sup>nd</sup> year.

#### 5.3. Insurance:

In order to study in the Erasmus Mundus Programme you will be entitled to an insurance. The Insurance will be provided by a private Insurance Company chosen by the MEDfOR Consortium. All students are entitled to the Insurance, including self-financed students. The Insurance is only activated once you start your travel to Europe. The Insurance will cover:

- 1. Medical Insurance Abroad
- 2. Assistance
- 3. Accident Insurance
- 4. Personal Liability Insurance
- 5. Baggage Insurance

# 5.4. Living costs

Living expenses will of course vary according to personal requirements and the place you live. The following budgets are general indications as to minimum costs per month:

Cost (Montly)	Lisbon	Padua	Lleida	Palencia	Trabzon	Viterbo	Porto
Renting a room:	€ 300- 500	€ 250 – 400	€ 200- 300	€ 300	€ 70-150	€ 150 - 250	€ 250 - 300
Renting a Studio:	€ 500- 900	€ 400- 800	€450 - 650	€ 400- 650	€ 150-200	€ 200- 400	€ 400- 700
Transportati on (Pass)	€ 50	€ 25 – 60	€ 25	€ 25	€ 15	walk	€ 20 - 30
Food	€ 250	€ 250	€ 200	€ 200	€ 100 -150	€ 200 - 250	€ 200

#### 5.4.1. Bank account

Once you arrive to the country where you shall start your studies, you will need to open a bank account. You can open any European bank account – in case you already have one, that will do, or an online bank account (eg. Monese). Only then can you start receiving your scholarship. **This** process may take up to 1 month – 2 months and therefore we advise students to bring enough money to hold on for the first few months.



# 6. The Cities and Universities

# 6.1. Lisbon



#### STUDENT'S OPINION

"Lisbon was pure magic. Every time I was strolling in the rustic streets, narrow allies and stairs, I was caught in an adventure. Lisbon never stops surprising with its people, colors and sound. If you are coming to listen, she has a lot to reveal. "Asaf Karavani, Israel

"I fell in love with this city! From the first day I was here I felt like being home. Beside the great masters program and the wonderful people and professors whom I met, the city in general was the best experience in my life. The view of the river, the combination of nationalities, the friendly people of Portugal and the entire Portuguese culture, the smell of seafood, the colorful plants and their scents... and so much more. Lisbon will definitely be my favorite city forever =)." **Farah Tell, Jordan, 4th edition – 1st year in Lisbon.** 

"In case of Lisbon finding a good room is the only thing that is difficult. Lisbon is not only itself a beautiful city but also it has beautiful neighboring cities/towns as well. One can easily find a cheap residence outside Lisbon as the transportation is not expensive, students can use the same pass to move inside Lisbon with some of its neighboring towns as well with just 20 to 25€ student pass per month." **Amna, Pakistan.** 

"Lisbon is a great city to get lost on foot—cool topography and a lot of variation from neighborhood to neighborhood. Public transport is amazing: for 40 eur/month, you can take as many busses, trains, trams, and ferries as you want in the greater metropolitan area, from Vila Franca de Xira to Sintra to Costa de Caparica to Setúbal. Look at a map, it's a lot to explore!" **Logan Bingham, USA.** 



# THE CITY

Lisbon is considered the city of light, and is one of the most beautiful capitals in Europe. It is located, where the Tagus river enters the Atlantic Ocean. You have a huge amount of sunlight, and beautiful beaches stretching from the North to the South of Lisbon. In Lisbon you also have a variety of monuments, cultural festivities, museums and gardens to visit. You may expect a diverse and rich cultural life, with music, dance, arts and all you can image. Portuguese are known to be warm and friendly. The food is excellent.

#### **Other Links:**

https://www.medfor.eu/university/ulisboa/university-lisbon-portugal
http://www.isa.ulisboa.pt/en/gpre/services/international-mobility/incoming-mobility/welcome
https://www.ulisboa.pt/en



Elsa Breia, Lisbon's sky



#### 6.2. Lleida



(https://commons.wikimedia.org/w/index.php?curid=1066677)

#### STUDENT'S OPINION

"I started my journey of Erasmus Mundus Master "MEDfOR" in Lleida, a city in the west of Catalonia, Spain. The city is affordable to live, and known for festivals of Fira de Sant Miquel and L' Aplec del Caragol. And yes, don't forget to taste Pakistani spicy food at "Spice Point" near Rambla d'Arago campus of University of Lleida" **Muhammad Muddasir, Pakistan** 

"University of Lleida: First of all, this university is spectacular in terms of academic purpose. If someone wants to enjoy the academic life, he/she should choose University of Lleida without any doubt- from my point of view. Both academic and administrative staffs are helpful and they are always ready to help you out, no matter what is the time. Prof. Bonet, as a coordinator of MEDfOR from this university and also as a person is mind blowing. I respect and liked this person a lot!

Well, few more beautiful things about this school to say: There are a lot of options of courses and field trips and you are free to choose. They have different cultural/annual activities. Another good thing is life is not so expensive there; but, there are some shortcomings as well. People don't speak English so much (except the university student). So, learning Spanish language before going there could be an extra advantage to enjoy the life- I think. Finally, I love this University a lot!" **Bishwajit Roy, Bangladesh** 

"My experience about Lleida: This is the good place to start to study first year for Medfor program. It is also cheap place to live longer. It is very small place to discover however; Lleida is very close to cities which a student can enjoy such as Barcelona, Tarragona, Zaragoza etc. Trains, buses and bla bla cars are always available to go to other cities. The language is Catalan. Language might be a problem for students because most local people do not speak English. About university, students organise a party last Thursday of every month. Besides that, education is more less good. Library, university free internet (eduroam) and social student activities (such as Erasmus activities) are always available." **Göknur Gündoğdu, Turkey** 



"Lleida is a small city, far from huge crowds yet with almost all facilities. For students it's a perfect place as you don't need to spend much on rent, food and transportation. There are very beautiful places conducive to your learning as well and you can get first hand field experience in nearby pyrenees. However, if you love travelling much, you always have to get to Barcelona to catch a flight. Overall, a beautiful and friendly city without any distraction, perfect for student life." **Shankar Thapa, Nepal** 

"My experience in Lleida was great. The university course was very practical and interesting, the teachers very accessible and competent, the infra-structure super functional and my favorite part: we take a lot of useful field trips to the mountains and forests around. The city is very nice too, you can walk everywhere and there is always Parc de la Mitjana to retreat into nature." **Teresa Roque Gameiro, Portugal** 

#### THE CITY

The city of Lleida, with 120,000 inhabitants, is the largest demographic, economic and cultural center in inland Catalonia. The town is only two hours' drive to the ski runs in the Pyrenees and an hour to the beaches of the Mediterranean. Lleida is located in the center of a rich agricultural region, on the banks of the river Segre. It is a city with plenty of services, with a long tradition as a center of trade and one of the highest incomes per capita in Spain. Catalonia, one of Spain's 17 autonomous regions, is a modern, diverse region with its own identity, characterized by a rich history, culture, language and traditions. The city has a continental climate, with cold, dry winters and very hot summers. Temperatures usually range from below 0°C in the winter to over 35°C in the summer.

The two official languages in Catalonia are Catalan and Spanish (also known as Castilian). The latter is one of the most widely spoken languages in the world. In Catalonia, Catalan is widely used in public life, the mass media, trade and business. (http://www.udl.cat/ca/en/udl/city/)

#### Other Links:

http://www.udl.cat/ca/en/udl/

http://www.udl.cat/ca/serveis/ori/eng/

https://www.medfor.eu/university/udl/university-lleida-spain



Ester Freitas, 4th edition – Lleida- River Segre



## 6.3. Padua



#### STUDENT'S OPINION

"If you are coming to the university of Padua, I will suggest you to find accommodation in the city not Legnarao (a town where is our campus) why? Because Padua is more happening. It has university clubs, sports clubs, Erasmus organization, more international students and residents, beautiful city center, train station and bus stations to travel all around Europe. As far for Legnarao, the only advantage is that you will be close to the university, but since in University of Padua, the timetable is arranged in a way that you will have to go to university not more than three days a week, and sometimes a whole month is free. So my tip is: stay in Padua! And enjoy the beautiful city." **Kisa Fatima, Pakistan** 

"Padua is a hometown for me now as I have been living here for more than three years. It is such a place where you will get whatever you want. If you like to study seriously, don't worry, you will have the best teachers of the best research University of Italy beside you. On the contrary, if you are frequent clubber, this cosmopolitan city is there to welcome you. Wherever you go, you will see students like you. They are open and welcoming. For those who love to shop on weekend, Padua will not disappoint you. The city has provision for interests and hobbies of all kinds. As always, I would recommend at least basic level of Italian for communicating bus drivers or cashiers in the shops. Don't worry, you will have free courses to learn Italian after you arrive. Don't take this recommendation lightly. Once you are here, you will understand why. If any Italian student presses you to talk English (so that s/he can learn more), never continue, you may not become successful in learning your part of Italian. So, be cruel a little bit, and keep on speaking Italian wherever possible. Don't be shy as I am still now. A particular suggestion for boys: girls are beautiful here. If you want to increase your chance, learn Italian. I can't promise, but can encourage. You will always face some problems that are common everywhere, e.g., bureaucratic stuffs, house rent, visa, stay-permit, communication. Remember, these cities are part of this world, therefore, no exception in basic complexities that we don't like. Therefore, be ready to manage those problems efficiently. Be as much informed as possible. Solve problems one after another. Wherever you go, ultimately, we all have same origin with a few cultural differences. Embrace them positively and enjoy. Never ever let frustration spoil your joy of life (I am getting too bossy here). " Md. Habibur Salman, Bangladesh

"I remember how much unhappy I was when I get to know about my admission in Padua. Being graduate in environmental science I wanted to attend that university in consortium which has degree tittle with environmental science. It was a big shift for me being totally naive about forestry. I took this challenge and made my way. Now I realize Padua is the best place I can fit in. I am happy to have Masters in forest science now because my major is forestry. So, for students who have environmental science background I would suggest don't panic but accept



this as soon as possible. So that you can own what you are studying and stand out in your field by showing your determination to make it pride for you. Believe me! It turned out to be the best decision of my life. Before you make choice of university kindly look thoroughly course contents and specialization at Medfor website it is mentioned comprehensively.

<u>Living in Padua or Aqripolis</u>: Padua is a beautiful city which can be reached by bus through its nearest airport called Venice Marcopolo. You can take train to visit Venice from Padua which is 40mins away and just cost 4.90. It is suggested if you want to see city but for airport there is only bus available (8:50 euros ticket) as train does not go to airport. I will suggest if you are a studious person stay on campus (contactSASSA website) or look for private housing near Agripolis (look for facebook groups of Agripolis private housing). But if you like to hang around at bar in the evening, take a walk in city center, don't want to miss any event by Erasmus network then Padua city is best place to live instead of agripolis. Agripolis is a country side, everything closes at 8:pm just few bars available 2 supermarkets, 1 bank and usually every 20 mins Busitalia runs between agripolis-Padua which is almost 30 mins one way." **Sidra Khan, Pakistan** 

"With the support of MEDfOR program and providing quality education, those who have supported us to the fullest, even during the Coronavirus pandemic. My experiences in Padova was amazing. This city, where friendly Italians welcome you, has been a great experience with the excellent education of the university. Padova is a fantastic city that you find yourself in history in a lovely small town. I would choose the University of Padova again." **Burcu Berk, Turkey** 

"Campus agripolis is little far from the padova city center but It's beautiful and well organized. Padova is a student oriented city and easy to move around. Comfortable to study and enjoy in bar. **Jaher Ahmed, Bangladesh** 

# **THE CITY**

Padua claims to be the oldest city in northern Italy. With the delightful Euganean Hills to the south, criss-crossed by waterways, Padua is a city which blends historical tradition and culture with burgeoning business and service industries. Its location makes it perfect for reaching Venice and its beach resorts, the Dolomites, Lake Garda and the spa resorts of Abano and Montegrotto Terme. Almost 500,000 tourists visit Padua each year to marvel at its art and fine heritage of architecture and museums. Its squares, porticoes and old cobbled streets tell the story of a wealthy, beautiful medieval city which was renowned for its art and culture. Over the last few years, the city's economy has advanced considerably/ and its trade, logistics, infrastructure and large-scale distribution have grown side by side with its already well-developed network of small and medium-sized enterprises. Padua lies at the heart of north-east Italy and is the powerhouse behind one of Europe's largest economic and industrial regions, with more than 7 million inhabitants and 600,000 firms. The University, founded in 1222, flourished in the 13th century.

Lectures for MEDfOR students are organized at the College of Agriculture and Veterinary Medicine in Legnaro outside the centre of Padua.

#### Other Links:

https://www.agrariamedicinaveterinaria.unipd.it/en/school-0/introduction https://www.medfor.eu/university/up/university-padova-italy



## 6.4. Palencia



#### STUDENT'S OPINION

"I had an opportunity to spend a semester in the University of Valladolid in Spain. University of Valladolid is a wonderful place to concentrate for your study. The campus has a very good library which you find open until 21:00. Teachers are good and helpful. Having a walk every evening in the lush beauty by the river is an unforgettable experience. Those who want to concentrate on study more, and discover the inner self in a beautiful place, you can think about this University."

Md. Habibur Salman, Bangladesh

"For my 2nd year university, I have chosen University of Valladolid (campus Palencia) due the variety of courses they offer in the specialization. The school in Palencia is one of the best in Spain for Forest Sciences and it has all the structure you need for studying or carrying out your thesis. Palencia is a small town in Castilla y Leon with a lot of green areas and parks surrounding the city. It has a low cost of living and the lively Spanish atmosphere. Also, it is well connected to Madrid by fast trains (01:30 hrs) and many bus lines. Finally, I highly recommend for those who wish to come here to learn at least some basic Spanish to facilitate your communication outside the university campus and enjoy Spain!" **Danilo Gonçalves, Brazil** 

#### THE CITY

The University of Valladolid is located in the Region of Castile and Leon. It has four campuses in the cities of Valladolid, Palencia, Segovia and Soria. The city of Palencia, capital of the province of Palencia, is within close proximity to some wonderful countryside. To the North, you will find "La montaña palentina", with peaks of over 2,000 metres. In the Southwest, "Tierra de Campos" and in the South, the area of "Cerrato". Palencia is rich in art and monuments including a Diocesan Museum (medieval and renaissance art), the Cathedral Museum, Museum of Palencia (archaeological museum), Díaz Caneja Foundation (contemporary art), Jerónimo Arroyo Museum or Victorio Macho Museum. Close to the city of Palencia, on the top of a hill 850 metres high, stands the "Cristo del Otero", a colossal statue of Christ, which was built in 1930 together with a small church. The vast expanse of "Tierra de Campos" can be seen from the top of this hill. "Monte el Viejo", extraordinary lung of the city, is also visible from this point. (http://www.uva.es/export/sites/uva/6.vidauniversitaria/)

# Other Links:

https://universityofvalladolid.uva.es/

https://www.medfor.eu/university/uva/university-valladolid-spain



## 6.5. Trabzon





(Trabzon city - http://www.ktu.edu.tr/en)

#### STUDENT'S OPINION

"I carried out my specialization of MEDfOR programme in Trabzon since I was interested on modelling issues and other type of cultures. The culture and the life were something new for me. Turkish live is more relaxed than in other countries: They find out time to spend with their friends and colleagues with a cup of tea every day. They are really generous and always try to help you, despite their low English level. The Erasmus Office staff and the professors were all very kind and helpful with me since the first day of my arrival – at 3 am! - until the last day, solving any problem and treating me as a friend. I had the opportunity to share my 4-month experience with some new friends, many of them from Turkey. Thanks to them I learnt about the Turkey culture and visit many places such as Capadoccia and Instabul." **Eduardo Coloma, Spain** 

"Trabzon is a small and affordable city with a friendly community. University personnel is extremely accommodating. For GIS and RS, Biodiversity specialization it is the perfect destination. The student studio dorm is cheap and comfortable. Overall I felt being at home while staying at Trabzon due to culture, food, and university environment." **Sidra Khan, Pakistan.** 

# THE CITY

Trabzon is the emerald green city of the Black Sea Coast. Spread along the shores of the Black Sea, Trabzon has a climate typical of the region. In summer the temperature is pleasantly cool, and in winter it is mild with an annual average temperature of 14.5 °C. It has a relatively high rainfall all year round, producing a landscape of lush greenery. Dense pine forests cover the mountains, and an abundance of crops flourish in the lower elevations and valleys. The area is home to many beautiful species of plant and wildlife, many unique to the region. The unusual and varied landscape has shaped the industry and culture of the area. Trabzon is also of particular importance to Turkey's fishing sector. With its modern port, international airport, Free Zone and tourism potential, Trabzon looks forward to a bright and prosperous future. Tourism is also of increasing importance to Trabzon's economy as more and more foreign tourists explore Turkey's less developed and unspoiled regions, and become aware of the many attractions of the Black Sea coast. Tea and hazelnut productions are important income sources of the city. (text taken from the University website: http://www.ktu.edu.tr/en)

#### Other Links:

https://www.medfor.eu/university/ktu/karadeniz-technical-university-turkey



## 6.6. Viterbo





#### STUDENT'S OPINION

"I spent my second year of study in Viterbo: an ancient city with a historic center being the best preserved medieval town of central Italy. The city is also affordable to live with opportunities to witness different cultural events and to visit hot water springs." **Muhammad Muddasir, Pakistan** 

"During my MEDfOR experience, I lived in Lisbon and Viterbo (Tuscia). Viterbo is a great city with a great history and the food is awesome. I just love Italy for the food!" **Nforneh Paul Ambe, Cameroon** 

"Tuscia is a place to be for any student who is willing and ready to learn. I think it's a fascinating place to study. The professors are nice and welcoming, always willing to hear you out whenever there is a problem. It's quite a small town but there are still nice places to visit particularly in the city center" **Samson Osadolor, Nigeria** 

#### THE CITY

Only a one-hour distance from Rome, Tuscia (in today's northern Lazio region), the ancient homeland of the Etruscans, is one of Italy's little-known "gems". Viterbo is the largest town in Tuscia, founded by the Etruscans and later taken over by the Romans, developed into an important medieval centre, and in the 13th century became the seat of the popes Viterbo. Protected by a medieval wall, Viterbo's fountains, palaces, quarters and churches are a fascinating historical record of this glorious and eventful past. The San Pellegrino quarter is certainly one of the best preserved medieval quarter in Italy, a jewel of a thirteenthcentury contrada with its small squares, houses, narrow lanes, arches, and characteristic profferli – the typical external stairs of the mediaeval houses of Viterbo. In the central Piazza S. Lorenzo are located the Cathedral and the papal Palace, evidence of Viterbo's significant role as place of refuge for mediaeval popes. Centrally situated between Rome and Florence, with the Tyrrenian sea only one hour away, Viterbo is also a pleasant base for sightseeing tours, excursions or archaeological and historical itineraries like the Via Francigena (Francigena Way), the ancient route that in medieval times connected Canterbury to Rome. Viterbo is also an ideal location for exploring Tuscia's rugged north, featured by a landscape of volcanic origin spotted by crater lakes of Bolsena and Vico. Flat in the north, the land becomes mountainous around Vico Lake which is surrounded by Cimini Hills, are a range of densely wooded volcanic reliefs. Beech forests cover the higher areas, while oaks and chestnut trees grow at the lower altitudes. The particular shape and variety of the landscape makes it an ideal setting for outdoor activities like hiking, biking and horseback riding."

#### Other Links:

http://viterbo.artecitta.it/ www.tusciaup.com http://www.tusciatimes.it/

https://www.medfor.eu/university/ut/university-tuscia-italy



#### **6.7.** Porto



(Wikipedia: Panorama da Ribeira e da Ponte Luís I.)

#### STUDENT'S OPINION

"Porto is a very nice city to spend your Erasmus year in. Basically you have everything you need there. The public transportation is very good developed, even at night you have the night buses, there is a quite big airport so you can go all around Europe easily. A cultural life is very intense. You can go to a variety of museums, exhibitions, concerts, cinemas (good thing in Portugal they show movies in original language). Of course one of the best thing in Porto is the ocean! It is beautiful anytime of the year or day. You can swim, sunbathing, surf or just look at it. It is just amazing! And if you are tired after classes or exams, want just to relax, there are many bars, pubs, clubs, restaurants with a nice atmosphere and student prices. I definitely recommend Porto as your second year destination! Enjoy!" **Anna Liubachyna, Ukraine** 

#### THE CITY

Porto is the northern capital of Portugal. It is a beautiful and a very old city, spreading along the Mouth of the river Douro. This was the city that gave the name to Portugal. Its historical center was classified by UNESCO as world patrimony. The city of Porto is also well known for its gastronomy! There are many monuments and viewpoints to explore in the city of Porto such as the São Francisco church from the 14<sup>th</sup> century and all the area around the Ribeira. Besides, Porto is right next to the Douro Valley, another World Heritage site with marvelous views. The Douro river carves its way through the valley until the sea. The river is navigable and a train line also follows the Douro river along the majority of its stretch, giving its passengers a privileged view of the stunning landscape. In addition to its wine, this region is covered by olive trees that produce high quality olive oil and almond trees that fill the valley with colour and perfume in the months of February and March and produce the almonds that are used to make several traditional sweet treats.

#### Other Links:

http://www.mri.porto.ucp.pt/en

https://www.medfor.eu/university/ucp/catholic-university-portugal-portugal

For each university you should find more information in each international office website of each one! The local secretariats of each university will also help you with practical issues. For cultural activities, accommodation, language courses, please check the following websites or contact the local secretariat:



# 7. EMA: ERASMUS MUNDUS ASSOCIATION

EMA is an Association for all students and graduates of Erasmus Mundus Master and Doctoral Programmes

From https://www.em-a.eu/en/about-ema.html

EMA is an international professional and personal network for Erasmus Mundus students and graduates. Their members can join their professional networks and service teams to network and become active within the Association. Jobs board and special entrepreneurship sections are offered to the members.

#### EMA members are ambassadors of the Erasmus Mundus.

EMA also serves as a channel of communication for students, alumni, universities and the European Commission.

Through their Programme Representatives and Country Representatives EMA enables the potential Erasmus Mundus applicants to get in touch with the current students and graduates and to receive a piece of advice and recommendations based on the experience of previous generations.

We advise students to contact EMA and become a member.

Erasmus Mundus Association: <a href="http://www.em-a.eu/">http://www.em-a.eu/</a>

# 8. OTHER IMPORTANT LINKS

- International Forestry Students' Association. <a href="http://www.ifsa.net/">http://www.ifsa.net/</a>
- Center for International Forestry Research. http://www.cifor.org/
- FAO Forestry. <a href="http://www.fao.org/forestry/en/">http://www.fao.org/forestry/en/</a>
- IUCN IUCN, International Union for Conservation of Nature. <a href="http://www.iucn.org/">http://www.iucn.org/</a>
- IUFRO International Union of Forest Research Organizations http://www.iufro.org/contact/
- Collaborative Partnerships on Forests. <a href="http://www.cpfweb.org/en/">http://www.cpfweb.org/en/</a>



# The whole team whishes you the best for these upcoming two years!!!

"The clearest way into the Universe is through a forest wilderness." John Muir



Mediterranean Forestry and Natural Resources Management

Lisbon, May 2022